

Spectrum

Adult Day Health Program

Spectrum Adult Day Health Program allows for people experiencing Alzheimer's disease or other types of memory loss to remain living in their own home and provides a comfortable place to socialize and receive supportive care during the week. Spectrum also gives families well-deserved respite and peace of mind knowing that their loved ones are in a safe and uplifting environment.

Who We Are

Our staff consists of nurses, social workers, activities specialists and program aides led by a program director. Our multidisciplinary team works closely with families, primary care physicians and other health care partners to best meet each client's needs.

Caregiver Support

We understand how challenging it is to care for someone with memory loss. Spectrum is designed to maximize the quality of life for both our clients and their caregivers. We offer education, counseling and support groups to assist families and friends in their caregiving roles.

Therapeutic Environment

Spectrum worked with the American Alzheimer's Association to accommodate the cognitive changes individuals with memory disorders face as their disease progresses. The lighting, colors, furniture and flooring in our facilities have all been carefully and thoughtfully selected, keeping in mind the visual, spatial and physical changes and challenges individuals with memory loss may experience.

"Considering a day program for my husband, who has early onset Alzheimer's disease, was a very difficult decision. I visited a number of programs before I toured Spectrum at North Andover, and the difference was enormous. The staff members were so flexible to my needs as a caregiver and so sensitive toward my husband's needs and preferences. They provided amazing support for our entire family — my adult children included. Through and through, I am impressed and comforted by the expertise, compassion and skill of the entire Spectrum team."

Deborah Young Coletti

Wife of a former Spectrum at North Andover client





What We Offer

- 1 to 4 staff-to-client ratio
- Medical monitoring and medication administration
- An attractive, secure and comforting environment
- Nutritious breakfast and lunch, and healthy snacks
- Therapeutic activities that encourage positive feelings of accomplishment
- Seasonal celebrations
- Free caregiver support groups and education
- Enhanced levels of care for those with advanced care needs
- Beautiful and secure outdoor areas
- Shower facilities
- Hair dressing services
- Podiatrist services
- Fun, friendship and familiarity

Payment Options

While most Spectrum clients pay privately to attend, third-party payment for eligible individuals is available. In addition, some long-term care insurance plans may cover the cost of the program. For more information, please visit SpectrumDayProgram.org.

Cost Comparison*

** Private Care at Home	\$216
Memory Care, Assisted Living	\$288-310 (24-hour care)
** Adult Day Program (Spectrum)	\$85-90

*costs as of 2016 **costs reflect an eight-hour day of care

Locations

North Andover

1820 Turnpike St., Suite 106
North Andover, MA 01845

978.688.3248 P
978.688.3517 F

Beverly

600 Cummings Center, Suite 176X
Beverly, MA 01915

978.921.5020 P
978.739.4627 F

Hours of Operation

- Monday–Friday 8 a.m. to 5 p.m.
- Transportation can be arranged by van or chair car as necessary.



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"You are all amazing and you have custom tailored this situation for me so my husband can be there and be happy. I am impressed with the organization, the nice staff and the activities that you have. It is just a really safe, really happy place. You are outstanding for what you do for me. You help me as a caregiver more than anything. You are all so patient and kind."

Lisa Zafran

Family member, Spectrum at Beverly

Ways to Help

Spectrum is a nonprofit agency dependent on the generous support of our community. If you are interested in contributing to our program, please call 978.688.3248.

SpectrumDayProgram.org

In accordance with federal law, this program does not discriminate on the basis of race, color, national origin, sex, age or disability.