

# Caregiver Support Group

Free Respite Care Upon Request

2<sup>nd</sup> Wednesday of every month

2:00 p.m. to 3:30 p.m.



- *Information & education about Alzheimer's disease and related cognitive impairments*
- *Increased understanding through shared experiences*
- *Mutual support from other caregivers*
- *Light Refreshments provided*

To RSVP for respite care or with questions, please contact

Brianna Martin, LICSW

978-688-3248 ext. 1102

[Brianna.Martin@nhs-healthlink.org](mailto:Brianna.Martin@nhs-healthlink.org)



**Spectrum**

Adult Day Health Program

1820 Turnpike Street, North Andover, MA. 01845

[www.spectrumdayprogram.org](http://www.spectrumdayprogram.org)