

Caregiver Support Group

Free Respite Care Upon Request

1st & 3rd Wednesdays of every month

1:30 p.m. to 3:00 p.m.



- *Information & education about Alzheimer's disease and related cognitive impairments*
- *Increased understanding through shared experiences*
- *Mutual support from other caregivers*
- *Light Refreshments provided*

To RSVP for respite care or with questions, please contact

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Spectrum

Adult Day Health Program

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www.spectrumdayprogram.org